Autumn Term 2026 Bathwick Menu

	WEEK	MEAT FREE Monday	ROAST ON A Tuesday	AROUND THE WORLD ON A Wednesday	FIRM FAVOURITE Thursday	FISHY Friday
WEEK 1 31 Aug 21 Sept 12 Oct 9 Nov 30 Nov	**Option 1: Main Meal**	Tomato and Vegetable Pasta Bake (B, G)	Roast Chicken in tasty gravy	French chicken ragoût	Chicken and Vegetable Pie (B,G)	Jumbo cod fish finger (B, E, G)
	Option 2: Vegetarian Meal	Cheese and Broccoli Quiche (D, G)	Cranberry, Chickpea and Lentil loaf (B)	French vegetarian ragoût	Vegetable and lentil Chilli	Vegetable fingers (B)
	All the above served with	Garlic Bread (B) and fresh salad bar	Roast potatoes with carrots and seasonal green vegetables	Wholegrain and white rice and seasonal green vegetables	Boiled new potatoes and seasonal green vegetables	Oven baked chips, baked beans and sweetcorn
WEEK 2 7 Sept 28 Sept 19 Oct 16 Nov 7 Dec	**Option 1: Main Meal**	Cheese and tomato pizza (B, G)	Roast Chicken in tasty gravy	Italian style pork lasagne (B, G)	Cottage Pie (with Pork Mince)	Jumbo cod fish finger (B, E, G)
	Option 2: Vegetarian Meal	Roasted vegetable parcel (B)	Cauliflower Cheese with herby crumb topping (B, G)	Italian style roasted vegetable lasagne (B, G)	Vegetable Hotpot with sliced potatoes	Roasted vegetable frittata (D, G)
	All the above served with	Herby diced potatoes and fresh salad bar	Roast potatoes with carrots and seasonal green vegetables	Garlic Bread (B) with peas and sweetcorn	Carrots and seasonal green vegetables	Oven baked chips, baked beans and sweetcorn
WEEK 3 14 Sept 5 Oct 2 Nov 23 Nov 14 Dec	**Option 1: Main Meal**	Family favourite Macaroni cheese with leeks (B, G)	Roast Chicken in tasty gravy	Homemade mild Indian Chicken Curry	Jacket potato with baked beans, cheese (G)	Jumbo cod fish finger (B, E, G)
	Option 2: Vegetarian Meal	Vegetable and lentil dahl	Rice and vegetable patties (G)	Mexican Vegetable and Five Bean Enchiladas (B, G)	Jacket potato with tuna (E, I) or egg mayo (D, I)	Vegetable burger (B,I)
	All the above with	Garlic bread (B) and fresh salad bar	Roast potatoes with carrots and seasonal green vegetables	Fluffy Rice, Broccoli Fresh Bread	Fresh salad bar	Oven baked chips, baked beans and sweetcorn
Served Every Week	**Option 3: Alternative Meal**	Jacket potato with baked beans, cheese (G), or tuna (E, I)	Jacket potato with baked beans, cheese (G), or tuna (E, I)	Jacket potato with tuna (E, I)	Jacket potato with baked beans, cheese (G) and tuna (E,I)	Farm Assured Ham with Chips
	Dessert	Fresh fruit platter or organic yoghurt (G)	Shortbread (B), fresh fruit or organic yoghurt (G)	Cake of the week (B, D), organic yoghurt (G) or fresh fruit	Jelly, fresh fruit or organic yoghurt (G)	Ice-cream (G), fresh fruit or organic yoghurt (G)

Any food allergies or intolerances will be offered an alternative Main Course and Dessert to meet your child's needs.
All meals are served with milk or water. Fresh bread is available daily.
Tinned Mackerel (E) available with Jackets on request (with 3 school days notice).

Celery	Cereals containing gluten	Crustac--eans	Eggs	Fish	Lupin	Milk	Mollusc	Mustard	Nuts	Peanuts	Sesame seeds	Soya	Sulphur Dioxide
A	B	C	D	E	F	G	H	I	J	K	L	M	N